Do Well, Be Well with Diabetes Registration Classes on March 9th, 16th, & 23rd from 9:00 to 11:00 am.

No cost to you! Pre-registration required. Return completed form to joel.redus@ag.tamu.edu or the

Angelina County Extension office: 2201 S Medford Dr, Lufkin, TX 75901

Questions? Contact joel.redus@ag.tamu.edu 936-634-6414

First Name Last Name Gender Female Male Age Address Address (Line 2) City **ZIP** Code State Secondary **Primary Phone** Phone E-mail How long have Less than 1 year 1-5 years you had 5-10 years 10+ years diabetes? I don't have diabetes Pre-diabetes only How did you Extension Newsletter Newspaper hear about this program? Friend/Family Radio Marquee Sign Website/Facebook Other Any special accomodations needed or anything else you want us to

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know?