

Obtain knowledge and skills to live a healthier lifestyle and encourage others to do the same.

Receive 40 hours of training and give back 40 hours of service!



MASTER WELLNESS VOLUNTEER PROGRAM

allows those who have a passion about health and wellness to share that passion with others via worksite wellness programs, community events and more!

Cost:

Regular: \$75

College Student: \$25

2020 Series Dates:

February 5 - First Session
Online Study In-between
March 18 - Final Session

Session Times:
9:30 AM - 3:30 PM

Application and Registration info:

<https://angelina.agrilife.org/event/mwv2020/>

Registration Deadline: January 31, 2020

Contact:

Joel Redus, Angelina County Extension Agent -
Family & Community Health
joel.redus@ag.tamu.edu 936-634-6414 x1

Location: 2201 S Medford Dr, Lufkin, TX 75901

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