



**DINNER  
TONIGHT**  
HEALTHY COOKING SCHOOL

# PATH TO THE PLATE

## Connecting Agriculture & Health

*Separate fact from fiction and gain the knowledge to make informed decisions about feeding your family!*

### Real World, Research Based

Local producers and agriculture experts will shed light on food production practices, common misconceptions, and how to interpret terms such as organic, pesticide free, natural, & free-range.

Extension agents, registered dietitians, and 4-H youth will demonstrate quick, healthy recipes with taste samples.

### DATE AND TIME

**Monday, August 20, 2018**

6:30 - 8:00 PM

### LOCATION

Texas A&M AgriLife Extension -  
Angelina County Office  
2201 S Medford Dr  
Lufkin, TX 75901



**PATH TO  
THE PLATE**

TEXAS A&M AGRILIFE EXTENSION

### REGISTRATION

\$10 at the door. RSVPs appreciated.

First 50 people will receive a Dinner Tonight Cookbook!

**TEXAS A&M  
AGRILIFE  
EXTENSION**



Questions? Call 936-634-6414

[joel.redus@ag.tamu.edu](mailto:joel.redus@ag.tamu.edu)  
[angelina.agrilife.org](http://angelina.agrilife.org)

*Texas A&M AgriLife Extension is an equal opportunity employer and program provider*