



While there are many groups who conduct cooking schools, the DINNER TONIGHT! Healthy Cooking School has a unique niche with demonstrations and recipes that are cost effective, easy to prepare, and fit into a healthy meal plan.

The No Place Like Home Cooking! School is scheduled from 12:00pm to 5:00pm, August 16th. Recipe demonstrations by County Extension Agents and CHEF TODD, door prizes, tasty samples, exhibits and shopping make this event something you won’t want to miss!

The cooking demonstrations feature nutritious, quick, easy, and economical ways to feed your family!

**Texas A&M**

**AgriLife Extension**

**2201 S. Medford Dr.**

**Lufkin, TX 75901**

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*Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating*

**HOSTED BY:**

**Texas A&M AgriLife Extension**

**Angelina, Jasper, Newton, Polk,**

**Sabine, and Tyler Counties**



 HEALTHY COOKING SCHOOL

Caption describing picture or graphic.

## No Place Like

## Home *Cooking*!

## HEALTHY COOKING SCHOOL

# Featuring Special Guest: CHEF TODD

REGISTRATION FORM

|  |
| --- |
|  |
| Name |
| Address |
|  |
|  |
| Phone |
| E-mail |
| Method of Payment |
|  | Check |  | Cash (accepted at the door) |

CHECKS SHOULD BE MADE OUT TO

“Angelina FCS Committee”

MAIL OR TURN IN CHECK AND

REGISTRATION FORM TO:

Texas A&M AgriLife Extension

c/o Joel Redus, Angelina CEA-FCS

2201 South Medford Drive

Lufkin, TX 75901

All registration fees are non-refundable,

but are transferable.

Chef Todd Barrios is a Certified Executive Chef and Instructor at SFASU. He holds degrees in Home Economics (with a concentration in Hospitality and Institutional Services), and Adult Education.

Chef Todd has extensive foodservice experience and has worked in New Orleans and Baton Rouge, LA with many well-known chefs and restaurants.

A member of the American Culinary Federation, Chef Todd has won several awards in culinary competitions.

**DATE:** Saturday, August 16, 2014

**TIME**: Doors open at 12:00pm.

 Shopping and Exhibits 12:00pm-5:00pm

 No Place Like Home

Cooking! School 1:00pm – 4:00pm

**LOCATION:** Texas A&M AgriLife Extension

 Angelina County Office

2201 South Medford Drive

Lufkin, TX 75901

**COST:** Pre-registration $20.00

 At the door $25.00

SEATING IS LIMITED!

The first 50 participants to register will receive a goody bag including a recipe book at check-in! Door Prizes will be awarded!

**We will also welcome KTRE9, Reporter,**

 **MICHELLE REED, as our emcee!**





**QUESTIONS?**

**Angelina County - (936) 634-6414**

**Jasper County - (409) 384-3721**

**Newton County - (409) 379-4831**

**Polk County - (936) 327-6828**

**Sabine County - (409) 787-4342**

**Tyler County - (409) 283-6355**

or graphic.